

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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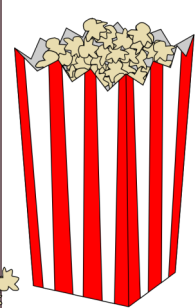
Palmer House MC

December 2018



WEEKLY MOVIE SCHEDULE
 SUNDAY— 1:45 MATINEE
 TUESDAY— 7PM MOVIE NIGHT
 FRIDAY— 1:30 TRAVELOGUE
 FRIDAY— 7PM MOVIE NIGHT
 SATURDAY— 9:30 & 1:30 MOVIE

ALL MOVIES and CHURCH SERVICES CAN BE VIEWED ON TV CHANNEL 123 OR 955



Family and Friends,
 To view our busy [Calendar of Activities](#), please visit:
vmpcares.com
 Click on Assisted Living, and scroll to the bottom of the page.
 You're always welcome to join us for groups and events!



1 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 9:30 Movie—123/955
 10:00 Bingo
 1:30 Movie—123/955
 2:30 Exercise or Outdoor Time
 3:00 Gardening
 4:30 Balloon Volleyball
 6:30 QuietTime/Word Games

2 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Picture Bingo
10:30 Ecumenical Service—PC, 123/955
 1:45 Sunday Matinee—123/955
 2:30 Reminisce
3:30 Centennial Lutheran Church Carolers ATR

3 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:00 Catholic Mass—PC, 123/955
 10:45 Resident Council PH CH
 2:30 Exercise or Outdoor Time
 3:00 Arts & Crafts
4:45 Supper Music—Atrium

4 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Wheel of Fortune
 2:30 Music Therapy w/ Lynnae
 4:00 Poker Keno
 6:30 Nail Care/Spa Time
 7:00 Movie Night—123/955

5 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Bowling
10:30 Ecumenical Service—PC, 123/955
 2:00 Bible Study w/ Chaplain Margo
 3:30 Wheel of Fortune
 6:30 Reading Group / Short Stories

6 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
10:00 Teddy Bear Tree Trimming— PC 123/955
2:00 Birthday Party w/ Gary Wisner ATR
 3:30 Bingo
 4:30 Trivia Before Supper
6:30pm Blue Christmas Service-PC

7 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Trivia
10:30 Chorus Rehearsal GR
 1:30 Travelogue—CH 123/955
2:00 Open Art Studio—LL
 2:30 Exercise or Outdoor Time
 3:00 Table Games
 4:00 Nail Care/Spa Time
3:15 Rosary—PC, 123/955
 6:00 Table Games

8 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 9:30 Movie—123/955
 10:00 Bingo
 1:30 Movie—123/955
2:00 Family Christmas Party w/ Roger Boll ATR
 6:30 QuietTime/Word Games

9 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Picture Bingo
10:30 Ecumenical Service—PC, 123/955
 1:45 Sunday Matinee—123/955
 2:30 Reminisce
 4:00 Balloon Volleyball
 6:30 Sunday Short Stories

10 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:00 Catholic Mass—PC, 123/955
 10:45 Resident Council PC/ ch 123/955
 2:30 Exercise or Outdoor Time
 3:00 Arts & Crafts
4:45 Supper Music—Atrium
 6:30 Quiet Hour/Table Games

11 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Wheel of Fortune
 2:30 Music Therapy w/ Lynnae
 4:00 Poker Keno
 6:30 Nail Care/Spa Time
 7:00 Movie Night—123/955

12 Surprise Visitor!
 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Bowling
10:30 Ecumenical Service—PC, 123/955
 2:00 Bible Study w/ Chaplain Margo
 3:30 Wheel of Fortune
 6:30 Reading Group / Short Stories

13 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:30 Sing-a-Long GR
 2:30 Exercise or Outdoor Time
 3:30 Bingo
 4:30 Trivia Before Supper
 6:30 Quiet Hour/Card Games
7:20 PACKERS vs Seahawks FOX

14 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Trivia
10:30 Les Paul Middle School Chorus ATR
 1:30 Travelogue—CH 123/955
2:00 St Paul Lutheran Handbell Choir ATR
 3:00 Table Games
 4:00 Nail Care/Spa Time
3:15 Rosary—PC, 123/955
 6:00 Table Games
 7:00 Movie Night—123/955

15 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 9:30 Movie—123/955
 10:00 Bingo
 1:30 Movie—123/955
 2:30 Exercise or Outdoor Time
 3:00 Gardening
 4:30 Balloon Volleyball
 6:30 QuietTime/Word Games

16 NOON PACKERS vs Bears FOX
 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Picture Bingo
10:30 Ecumenical Service—PC, 123/955
 1:45 Sunday Matinee—123/955
 2:30 Reminisce
 4:00 Balloon Volleyball
 6:30 Sunday Short Stories

17 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:00 Catholic Mass—PC, 123/955
 2:30 Exercise or Outdoor Time
 3:00 Arts & Crafts
4:45 Supper Music—Atrium
 6:30 Quiet Hour/Table Games

18 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Wheel of Fortune
 2:30 Music Therapy w/ Lynnae
 4:00 Poker Keno
 6:30 Nail Care/Spa Time
 7:00 Movie Night—123/955

19 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Bowling
 2:00 Bible Study w/ Chaplain Margo
 3:30 Wheel of Fortune
 6:30 Reading Group / Short Stories

20 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
 2:30 Exercise or Outdoor Time
 4:30 Trivia Before Supper
 6:30 Quiet Hour/Card Games

21 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Trivia
 1:30 Travelogue—CH 123/955
2:00 Open Art Studio—LL
 2:30 Exercise or Outdoor Time
 3:00 Table Games
 4:00 Nail Care/Spa Time
3:15 Rosary—PC, 123/955
 6:00 Table Games
 7:00 Movie Night—123/955

22 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 9:30 Movie—123/955
 10:00 Bingo
 1:30 Movie—123/955
 2:30 Exercise or Outdoor Time
 3:00 Gardening
 4:30 Balloon Volleyball
 6:30 Quiet Time/Word Games

23 NOON PACKERS vs Jets FOX
 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Picture Bingo
10:30 Ecumenical Service—PC, 123/955
 1:45 Sunday Matinee—123/955
 2:30 Reminisce
 4:00 Balloon Volleyball
 6:30 Sunday Short Stories

24 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:00 Catholic Mass—PC, 123/955
 2:30 Exercise or Outdoor Time
 3:00 Arts & Crafts
6:30 Christmas Eve Service PC—123/955

25 Merry Christmas!
 7-8 News & Coffee
 9:30 Morning Stretch
10:00 Christmas Day Mass-PC, CH 123/955
2:30 Christmas Reminisce
 4:00 Poker Keno
 6:30 Nail Care/Spa Time
 7:00 Movie Night—123/955

26 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Bowling
10:30 Ecumenical Service—PC, 123/955
 2:00 Bible Study w/ Chaplain Margo
 3:30 Wheel of Fortune
 6:30 Reading Group / Short Stories

27 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:30 Sing-a-Long GR
 2:30 Exercise or Outdoor Time
 3:30 Bingo
 4:30 Trivia Before Supper
 6:30 Quiet Hour/Card Games

28 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Trivia
10:30 Chorus Rehearsal—GR
 1:30 Travelogue—CH 123/955
2:00 Open Art Studio—LL
 2:30 Exercise or Outdoor Time
 3:00 Table Games
 4:00 Nail Care/Spa Time
3:15 Rosary—PC, 123/955
 6:00 Table Games
 7:00 Movie Night—123/955

29 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 9:30 Movie—123/955
 10:00 Bingo
 1:30 Movie—123/955
 2:30 Exercise or Outdoor Time
 3:00 Gardening
 4:30 Balloon Volleyball
 6:30 QuietTime/Word Games

30 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Picture Bingo
10:30 Ecumenical Service—PC, 123/955
 1:45 Sunday Matinee—123/955
 2:30 Reminisce
 4:00 Balloon Volleyball
 6:30 Sunday Short Stories

31 HAPPY NEW YEAR!!
 7-8 News & Coffee
 9:30 Morning Stretch or Outdoor Time
 10:00 Word in a Word
10:00 Catholic Mass—PC, 123/955
2:00 NYE Party w/ David Drake ATR
4:45 Supper Music—Atrium
 6:30 Quiet Hour/Table Games



LOCATION KEY:
ATR = Atrium
GR = Game Room
ST = Stafford Lounge
PC = Palmer Chapel
LL = Lower Level by Apartment Store
 ACTIVITIES ARE SUBJECT TO CHANGE— See whiteboard for changes. Thank you!

